

What to do if you have Symptoms of Illness (Regardless of vaccination status)

fever/chills; cough; runny nose; fatigue; shortness of breath/difficulty breathing; muscle/body aches; headache; loss of taste or smell; sore throat; congestion/runny nose; nausea/vomiting; diarrhea

Have symptoms resolved and fever-free for 24 hours without medication?

YES

Has it been 5 days since symptoms began?

YES

- A negative at-home test may be used five days from symptom onset with results submitted to BSFCS for a return to school and masking for a total of 10 days OR
- Seek professional testing at the Public Health, or a health provider.

NO

- Seek professional testing at Public Health, or a healthcare provider to return to school.

NO

- Stay at home
- Seek testing to return when fever-free for 24 hours without medication and symptoms have resolved.

Follow the "YES" for testing direction when symptoms resolve.

ANYONE WITH SYMPTOMS SHOULD STAY HOME until symptoms resolve AND seek testing from Public Health or a healthcare provider. A negative at-home test CANNOT be used to return to school in less than 5 days.

When Students Have Close Contact with a Person Who Tests Positive for COVID-19

(Close contacts were indoors for 15 min or longer with a positive person.)

IS THE CLOSE CONTACT STUDENT FULLY VACCINATED?

YES

Does the close contact have symptoms?

YES

- Isolate at home and seek testing.
- Can return to school with negative test and when symptoms resolve.
- Wear a mask for 10 days.

NO

- No quarantine required.
- Recommend they test on Day 5.
- Wear a mask for 10 days from last date of exposure.

Students on Modified Quarantine can attend school, ride the bus, attend childcare.

Students on Modified Quarantine cannot participate in extracurriculars (including sports) and community activities.

NO

Did exposure happen at school?

YES

Did everyone wear masks?

YES

Modified Quarantine at school for 5 days if:

1. Negative test initially and on Day 5 or later, and
2. Wear a mask for 10 days from last date of exposure.

NO

Quarantine at home for 10 days OR
Quarantine at home for 5 days from last date of exposure if:

1. Negative test on Day 5 or later, and
2. Wear a mask for 10 days from last date of exposure.

NO

Quarantine at home for 10 days OR
Quarantine at home for 5 days from last date of exposure if:

1. Negative test on Day 5 or later from the last date of exposure, **and**
2. Wear a mask for 10 days from last date of exposure.

ANYONE WITH SYMPTOMS SHOULD STAY HOME until symptoms resolve AND seek testing from Public Health or a healthcare provider. A negative at-home test CANNOT be used to return to school in less than 5 days.

What to do if you have a positive COVID-19 Test

(Regardless of vaccination status, using at-home, antigen, or PCR test.)

WITH SYMPTOMS

Isolate at home for 10 days from start of symptoms.

You may be able to shorten your isolation time to 5 days if:

1. You are 24 hours fever free without meds,
2. Your symptoms have resolved,
3. You have a negative antigen test* on or after Day 5 from when symptoms started, **and**
4. You wear a mask through Day 10.

WITHOUT SYMPTOMS

Isolate at home 10 days from date of test.

You may be able to shorten your isolation time to 5 days if:

1. You continue to have no symptoms or fever,
2. You have a negative antigen test* on or after Day 5 from date of test, **and**
3. You wear a mask through Day 10.

***Don't use a PCR test because it will continue to show a positive result. Any antigen tests, including at-home tests, are acceptable.**

Staff Close Contact

(Close contacts were indoors 15 minutes or longer with a positive person.)

ANYONE WITH SYMPTOMS SHOULD STAY HOME until symptoms resolve AND seek testing from Public Health or a healthcare provider. A negative at-home test CANNOT be used to return to school in less than 5 days.

IS THE CLOSE CONTACT STAFF MEMBER FULLY VACCINATED?

YES

Does the close contact have symptoms?

YES

- Isolate at home and seek testing.
- Return to school/work with negative test and no symptoms.
- Wear a mask for 10 days from last date of exposure.

NO

- No quarantine required.
- Test between Day 3-5 **if unboosted**.
- Wear a mask for 10 days from last date of exposure.

NO

Quarantine at home for 10 days OR
Quarantine at home for 5 days from last date of exposure if:

1. Negative test on Day 5 or later, and
2. Wear a mask for 10 days from last date of exposure.

The California Department of Public Health K-12 Guidance only allows for student modified quarantine.